



Winner of BEST CATERER, BEST HEALTHY CATERER

Just a few things we offer:

- Company Meetings: Breakfast, Lunch, Dinner & Snacks. 7 DAYS A WEEK!!!!
- Business Luncheons
- Bagged Lunches
- Cocktail Receptions
- Holiday Parties
- Seminars / Training
- Executive Luncheons
- Company BBQ's or Picnics
- Trade Shows
- Retirement Parties
- Employee Appreciation Events
- Themed Events
- Team Building
  
- On Air Events- Exclusive Caterer for Sonja in The City for BravoTV

At Aneu, we pride ourselves on creative, non-processed, non-packaged foods down to our homemade potato chips. We are happy to create a menu customized for you, your guests and your needs including all possible dietary restrictions. Meredith Coyle, owner of Aneu Catering & Events and Fresh Ideas Gourmet Market is a certified Whole Foods/Vegan Chef. There is nothing we cannot create for you.

Great, Clean, Healthy and DELICIOUS food is not complicated. Your caterer and catered events should not be either! Aneu Catering GUARANTEES freshly prepared WHOLE foods that are sure to impress at every meeting and event.

#### **ORDERING**

We understand that your time is valuable and for this reason we offer a range of simple ordering options:

Telephone: 610-251-9600

Email: [catering@aneucatering.com](mailto:catering@aneucatering.com)

#### **DELIVERY & SET UP**

Minimum order for cold orders and bag lunch - 6 guests

Minimum order for hot orders -10 guests.

A delivery and set up charge of 12% will be added to the catering orders during normal business hours (6am-3pm M-F) and 18% after hours.

Orders include set-up, plates, napkins and utensils. Please ask about formal options.



## Aneu Start

- JUST BAGELS** **\$3.99**  
Assorted freshly baked bagels served with butter, cream cheese, preserves, and peanut butter
- JUST PASTRIES** **\$4.99**  
An assortment of our homemade scones, tea breads, pastries and croissants
- CONTINENTAL** **\$4.99**  
Assortment of bagels, scones, pastries and tea breads served with cream cheese and preserves
- CONTINENTAL DELUXE** **\$7.49**  
Assortment of bagels, scones and tea breads served with butter, cream cheese, preserves and fresh fruit salad
- HEALTHY START** **\$4.99**  
House made granola, vanilla almond yogurt, fresh fruit and homemade scones (your choice of individual parfaits or build your own)

- BREAKFAST SANDWICHES** **\$6.99**  
Egg and Cheese with your choice of bacon, sausage, turkey sausage or roasted vegetables on a kaiser roll, bagel, croissant or burrito
- VEGAN ENERGY WRAPS** **\$4.99**  
Peanut butter, banana, honey and granola in a whole wheat wrap
- LOX AND BAGELS** **\$9.99**  
Smoked salmon, hard boiled eggs, diced onions, diced tomatoes and capers served with cream cheese and bagels
- TRADITIONAL BREAKFAST** **\$10.49**  
Scrambled eggs or veggie frittata with your choice of bacon, sausage or turkey sausage, potatoes O'Brien, fresh fruit, homemade scones
- FRENCH TOAST/PANCAKES** **\$9.99**  
Your choice of brioche or monkey bread French toast or pancakes served with fresh fruit and bacon
- ULTIMATE BREAKFAST** **\$14.99**  
scrambled eggs, choice of breakfast meat, potatoes O'brien, homemade scone and choice of pancakes or French toast



- ### ADD ONS
- Monkey Bread **\$4.99**
  - Energy Bites **\$1.99**
  - Scones **\$1.99**
  - Breakfast Meat **\$2.99**
  - Fresh Fruit Salad **\$3.99**
  - Pancakes **\$4.99**

## COLD LUNCHES

*All orders come with our Famous Homemade Potato Chips, Choice of Green Salad, Choice of Pasta/Seasonal Salad and Assorted Desserts unless otherwise noted.*

*Add Gluten Free Bread for \$1.25/pp*

**On the Go? Make any option a BAGGED Lunch!**

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### **Aneu Lunch \$13.99**

Assorted freshly made sandwiches and wraps with Boar's Head Meats

### **Just Sandwiches with Chips \$9.99**

Assorted sandwiches and wraps with homemade potato chips

### **Hoagies \$13.99**

Includes traditional Italian, turkey, tuna, roast beef, grilled chicken, ham and vegetarian

### **Croissant Deluxe \$13.99**

Roast beef, ham and brie, tuna salad, chicken salad and caprese all made on our homemade croissants

### **Build your own Sandwich and Wrap Tray \$15.99**

Choice of 3 meats: sliced grilled chicken, boar's head turkey, roast beef, ham, tuna salad or chicken salad with lettuce, tomato, onions assorted cheeses, breads, croissants, wraps and condiments (not available bagged)

### **Impress Package \$17.99**

Mini Turkey, apple, bacon and spinach, chicken salad, and roast beef with roasted peppers, provolone and horseradish mayo. Served with homemade flour chips and spinach-tomato dip, broccoli salad, cheese and veggie tray, and dessert tray.  
(15 person minimum, not available bagged)

## **Chefs Specialty Sandwich Ideas**

Chicken Caesar Wrap \* Ham and Brie with apple, spinach, honey dijon \* Turkey and Cheddar with lettuce, tomato and mayo \* Pesto Chicken with mozzarella, spinach, roasted peppers, sundried tomatoes, pesto mayo \* Organic Egg Salad \* Curried Chicken Salad \* Blackened Chicken Wrap with black bean and corn salsa, cheddar jack cheese, cilantro aioli \* Tuna salad with leaf lettuce and tomato \* Ham and Swiss, leaf lettuce, dijonnaise spread \* California Turkey, bacon, romaine lettuce, avocado, tomato, basil mayo \* Richard's chicken salad wrap \* Roast Beef with provolone, roasted red peppers, arugula, horseradish aioli \* Roasted Veggie Wrap\* Mango Chicken Wrap \* Caprese \* Taco Wrap \* Greek Goddess \* Tuscan Eggplant \* Shrimp Salad \*

## SALAD STACKERS \$14.99

*Beautiful, full Salads complete with a homemade biscuit, dessert.*

**COBB SALAD** – Romaine and leaf lettuce layered with grilled chicken, bacon, hard-boiled egg, tomato and blue cheese dressing

**CHOPPED SALAD** – Chopped greens, salmon, red peppers, chick peas, red onion, cucumber, feta cheese, citrus vinaigrette

**SPINACH SALAD** – Fresh spinach, grilled shrimp, strawberries, almonds, goat cheese, bacon, balsamic vinaigrette

**ASIAN SALAD** – Layered field greens, sesame chicken, purple cabbage, mandarin oranges, almonds, blue cheese, soy vinaigrette

**SOUTHWESTERN SALAD** – Layered field greens, blackened chicken, black bean and corn salsa, cheddar jack cheese, avocado, fried tortilla strips, cilantro vinaigrette

**CAESAR** – Layered romaine, grilled chicken, sourdough croutons, parmesan cheese, homemade Caesar dressing

**ANEU SIGNATURE** – Mixed field greens, grilled chicken, apples, pistachios, cran raisins, blue cheese, strawberry vinaigrette

**GREEK SALAD**– Romaine, grilled chicken, red peppers, tomatoes, feta cheese, olives and balsamic vinaigrette

**ARUGULA SALAD**– Arugula, grilled tuna, tomatoes, parmesan, pine nuts, citrus vinaigrette



## Our Healthy Bowls \$14.99

Bowls can be served hot as a buffet or cold as individual bowls. Each come with your choice of a homemade biscuit or chips and assorted desserts

### SESAME NOODLE BOWL

Grilled shrimp, cabbage, edamame, red peppers, sesame-peanut sauce

### BLACK BEAN & SWEET POTATO BOWL

Black bean and sweet potato salad over quinoa, avocado and cilantro aioli drizzle

### CURRIED LENTILS & ZUCCHINI BOWL

Curried lentils and zucchini sautéed with fresh spinach and topped with roasted cauliflower over brown rice

### TACO BOWL

Mexican rice topped chicken, lettuce, salsa, avocado

### VEGAN CRUNCH

Butternut squash and farro salad with kale and cauliflower tabouleh over cabbage

### SALAD TRIO

Mango chicken salad, black bean and corn salad, broccoli salad



## HOT SANDWICHES \$12.99

*Served with your choice of a Garden, Caesar or Pasta Salad, Our Famous Homemade Chips and Assorted Dessert*

**Chicken Parmesan**

**Cheesesteaks** - Your choice of Chicken or Beef

**Eggplant Parmesan**

**Veggie Burger** with Choice of Cheese

**Hot Roast Beef** served with au jus, provolone cheese and horseradish sauce

**Hot Turkey** served with turkey jus

**Meatball** served with provolone

**Pulled Pork** BBQ pork, provolone, homemade coleslaw

**Chicken or Beef Soft Tacos** - lettuce, cheese, sour cream and salsa.

## HOT AND SIMPLE \$11.99

*(Served with your choice of Garden or Caesar Salad and Dessert)*

**Arroz con Pollo**

**Pasta Bolognese:** Traditional Beef or Turkey

**Cajun Chicken Pasta**

**Pesto Chicken and Pasta:** Roasted Veggies and Chicken over pasta in a light pesto cream sauce or without chicken

**Baked Ziti** with tomato-basil sauce, fresh mozzarella and ricotta cheese

**Aneu Chicken and Pasta** with sundried tomatoes, spinach, sautéed onions and truffle cream sauce

**Chili:** your choice of turkey and white bean, traditional beef or vegan sweet potato, quinoa and black bean chili  
Each served with all the fixins

**Lasagna:** your choice of turkey, traditional ground beef, roasted vegetable or Mexican Lasagna

**Turkey Sausage,** broccoli rabe, and sundried tomatoes, over pasta with garlic white wine sauce

Add our FAMOUS homemade Potato Chips for only \$1.99/pp

**Pollo Rustica:** turkey sausage, chicken, potatoes and red peppers sautéed in garlic white wine

**Cheese manicotti** with homemade tomato basil sauce

**Spanikopita**

**Spaghetti Squash Pad Thai**

**Polenta Veggie Bake**

**Cauliflower Fried "Rice"**

**Black bean** and spaghetti squash bake

**Shepherds Pie** – your choice of traditional or vegetarian

**Chicken Pot Pie**

## **THE WORKS – \$14.99**

*Served with choice of house or Caesar salad, hot side dish, assorted desserts and  
homemade biscuit*

**Chicken Picatta, white wine and lemon caper sauce**  
**Basil Cream Chicken**  
**Crab Cakes (add \$3 per person)**  
**Aneu Chicken**  
**Turkey or Traditional Meatloaf**  
**Vegan Meatloaf**  
**Lemon Chicken**  
**Chicken Parmesan**  
**Chicken Florentine**  
**Panko crusted Salmon with a mustard cream sauce**  
**Salmon Provencal**  
**Lentil and Zucchini Curry**  
**Sesame Chicken and Broccoli**  
**Bruschetta Chicken Bake**  
**Enchiladas: Chicken, beef or spinach**  
**Burritos**  
**Chicken Marsala**  
**Chicken Tika Masala**  
**Chicken Roulade: spinach, cheese and pesto**  
**Chicken Cordon Blue**  
**Beef Stroganoff**  
**Crispy Orange Beef**  
**Stuffed Peppers: Beef, Turkey or Vegan**  
**Beef Bourguignon (add \$3 per person)**  
**Braised Short Ribs (add \$3 per person)**  
**Rosemary Pork Tenderloin**  
**Grilled Swordfish with a capers and lemon herb butter**  
**Grilled Tuna Bruschetta**

## **Sides**

**Jasmine Rice**  
**Wild Rice**  
**Brown Rice Pilaf**  
**Mexican Rice**  
**Mashed Potatoes or Cauliflower**  
**Roasted Potatoes or Sweet Potatoes**  
**Sautéed Green Beans and Tomatoes**  
**Green Beans Almondine**  
**Minted Peas**  
**Sautéed Kale**  
**Creamed Spinach**

**Cauliflower Risotto**  
**Roasted Brussels Sprouts**  
**Asparagus**  
**Snap Peas and Carrots**  
**Steamed Vegetable Medley**  
**Twice Baked Potatoes**  
**Garlic-Parmesan Broccoli and Potatoes**  
**Sautéed Zucchini and Onions**  
**Corn Cakes**  
**Pesto Pasta with broccoli**  
**Penne Rosa**

## THEMES

### **The Bella - \$15.99**

Chicken Parmesan, Baked Ziti, Caesar Salad, Garlic Bread, Mini Crème Puffs

### **South of the Border - \$16.99**

Choice of Chicken or Beef Enchiladas with Rice and Beans and Apple Fajitas

### **Ciao Abruzzi - \$16.99**

Chicken Marsala, Mashed Potatoes, Zucchini and Onions, Arugula Salad, Mini Cannolis

### **Mardi Gras - \$17.99**

Choice of Traditional Jambalaya or Cheesy Shrimp and Grits served with Ratatouille, Signature Salad, Cornbread, Pina Colada Cake

### **Tour de France - \$17.99**

Bone in Chicken Breast, Cognac Crème Sauce, Cauliflower Gratin, Herb Roasted Potatoes, Chopped Salad, Chocolate-Orange Mousse

### **Asian Flare - \$15.99**

Choice of Chicken or Beef and Broccoli served with Jasmine Rice, Mandarin Salad, and Chocolate Covered Fortune Cookies

### **Mexican Fiesta - \$17.99**

Choice of Chicken or Beef Fajitas, served with Mexican Rice, Southwest Salad, Chips and Salsa, Apple Fajitas

### **Brotherly Love - \$15.99**

Choice of Chicken or Beef Cheesesteaks with Sautéed Onions, Ketchup and Liscios Rolls, Mini Soft Pretzels with Mustard, Traditional Pasta Salad, Homemade Potato Chips and Assorted Homemade "TastyKakes"

### **Potato Bar - \$15.99**

Choice of Mashed or Baked Potatoes with all of the fixins: your choice of chili and chopped bacon, sour cream, scallions, shredded cheese and broccoli served with garden salad, rolls and dessert

## SNACKS - \$3.99 pp each

Soft Pretzel Station

Homemade Corn Chips, Salsa & Guacamole

Homemade Chips, Spinach-Tomato & Artichoke-Parmesan Dips

Homemade Trail Mix

Artisan Cheese Tray

Fresh Vegetable Tray with Creamy Peppercorn Dip

Homemade Granola Bars

Homemade Desserts

Gluten Free Cookies

